What you need:

- Your Epson printer.
- Good quality paper or card.
- Scissors.
- Glue.

Instructions:

1. Make sure your printer's properties are set to high-quality, colour printing.
2. Print the card template, then print and cut out the hearts.
3. Fold the card template in half to make the card (trim the margins where necessary), with the frame motif forming the front.
4. Fold the hearts, indicated by the dotted lines on the template, so they look like half-open 'butterfly wings'.
5. Use the thin strip between the 'wings' to glue each heart to the front of the card and build your own 3D Valentine's Day treat.